<u>Deddington and Parish Covid-19 Response Team</u> <u>Newsletter #08 – 22nd May 2020</u> Deddington, Hempton and Clifton – Together, Apart!

See map below for your zone and the contact details of your zone captain Please contact your zone captain if you need any help

Communications

The Deddington News continues to publish monthly but is an online edition only until social distancing is further relaxed. Those with relatives or friends who do not have access to the online version might wish to print off copies for them. *June edition due out 28 May.*

Deddington on line – look on our local information website <u>deddington.org.uk</u> for more information, past and present copies of these newsletters and Deddington News.

Facebook (search "Deddington Response") for upto-date information, this weekly newsletter and links to useful sites. For general local news and comments see *Deddington Community Notice Board*

Please note that this newsletter will not be published next week; however all support and help will operate as normal, and will continue to be provided until the country is back to normal.

Citizen's Advice Tel: 0300 330 9037

Provides Food Vouchers and advice on issues including Universal Credit and other benefits, employment problems, housing, relationships and debt. Alternatively email Banbury Citizens Advice Bureau on <u>advice@citizensadvicenosn.org.uk</u>. Telephone appointments available.

Deddington Farmers Market: Whilst the Market sadly cannot go ahead at this time, many of the stall holders are providing delivery services. See *www.deddingtonfarmersmarket.co.uk* for details.

More takeaway food outlets now open

There is a list of local take-away food services overleaf; please support our local businesses.

A message from Rev Annie:

Dear Friends,

I hope that you and your families are managing to keep safe and well. In order for us all to stay that way, it is really important that we continue to practice social distancing as the lockdown gradually eases. Things are already beginning to change. For one thing, I am allowed to go into church again, both for private prayer and to lead services, as we are one of the fortunate churches to have provision for streaming services. I long for the day when we can open our church doors again to welcome those of you who simply want to sit quietly and soak up the atmosphere of our beautiful church.

Our school is also going to begin going back after half term. From 1 June, the early years, Year 1 and Year 6 are all invited to return. This is going to be a difficult transition for many reasons, and the school will give plenty of guidance of how this will work on the school premises. Outside of the school though, considerate parking would be much appreciated, especially at drop off and pick up time. Also, if you don't have to be in the area of the school at those times, please avoid being there so that social distancing can be more easily practiced.

Paula (our Curate) and I continue to pray daily for our villages, and the family and friends of all who live here. So please stay safe and save lives.

With every blessing, Rev Annie

There are well over a hundred volunteers throughout the parish supporting the zone captains and parish council – many thanks to all.

Please respect the government and NHS guidelines ALWAYS USE SOCIAL DISTANCING

Spread the Word – not the Virus. Fighting Covid -19 as a community. Use 999/111 for emergencies

REFERENCE SECTION

Healthcare

Delmergate: All prescriptions for the over 60s are being delivered automatically and all those on the Government 'Shielding' list. If you are not in these groups, but need assistance getting your prescriptions, please notify your zone captain. Now open: 9-6, Mon-Fri. T: 337583

Deddington Health Centre: Telephone 338611. For repeat prescriptions call 338847 (10-3, Mon-Fri) and please leave a message as paper copies are no longer accepted.

Anyone on the previous DHC delivery system will continue to get deliveries; anyone on the government shielding list who does not have family, friends or volunteer to collect for them can contact the Dispensary on 338862 and delivery will be arranged.

Patients in Hempton or Clifton who ordinarily collect, but now need a prescription delivery, please notify your Zone Captain. Delivery day is Friday.

Dentists: no appointments at present; in an emergency ring your usual practice for advice. (Use 111 if no answer)

Food Shopping

Co-op: Open 7am-10pm every day. VIP Hour 9.30-10.30. Telephone orders taken, card payment by telephone. Zone captains can arrange delivery for those isolating. T: 336281

Eagles: Telephone orders with phone payments T: 338500.

Foodies: Fresh bread, local farm eggs, pasta, rice, flour; also take away hot drinks & deli sandwiches. 10-3 daily. T: 337470

Sainsbury's: Open to NHS & Social Care staff on Mon-Sat at 7:30 (30 mins before public opening). Priority shopping from 8:00-9:00 Mon, Wed & Fri. Open 8am-10pm (10-4 Sunday)

Morrisons: Will deliver for elderly, vulnerable and selfisolating people ONLY. Telephone 0345 611 6111 option 5.

If you are unable to leave home and need shopping from the supermarket, please call your zone captain for advice.

Fenemore Farms Micro Farm Shop, in Clifton, is open daily (8-5:30) for frozen lamb, honey, eggs, milk plus pasta, various flours (including GF) and yeast. Also bedding plants from UGM nursery. Cash or cheque only. T: 07917 795207.

Rob Hill, the fish man, is in the market place on Thursday from 1.45-2.30. Cash only. Ideally place orders in advance at <u>robhill74@me.com</u> or 07578 195979 (text or voicemail)

Pets

Crofts: A pet food delivery service by our volunteers is collected weekly from Crofts, Banbury. Phone Crofts with your order on 01295 250131, you can pay over the phone and leave your address and it will be delivered the following Friday. Any concerns phone Bea (337717).

Vets are running an emergency service only; ring your usual vet if needed. Hook Norton Vets are running a **vaccination clinic** on 27 May at Deddington – booking (online) essential.

Recycling Centres

Open 8-4 but at 50% capacity and no physical assistance from staff. Please only use them if you cannot safely store waste at home.

<u>Shops</u>

The Flower Shop can now deliver locally, order by 3pm Tues. amanda@theflowershopdeddington.com

Cyclogical 9:30-4 Mon, Tue, Thur, Fri; 9:30-3 Sat. T: 338090 E: *james@cyclogicalshop.co.uk*

Eating

Bengal Spice: High Street: Indian takeaway. – T: 337733 or 337799. Open 5.30pm - Last Orders 9.30pm, every day except Tuesdays.

Popular Chinese - Hempton Road. Take away Chinese. Tel 338881. Collection only. Weds – Sat, 6pm -10.30pm.

Pickled Ploughman, Aynho Road, Adderbury. T: 01295 810327. Take-away pub food. W: *pickledploughman.co.uk*

White Horse, Duns Tew. Take-away food changing daily from 6pm. T: 340272 W: <u>dunstewwhitehorse.co.uk</u>

Mobile fish and chips Every Monday evening in Deddington (times vary depending on demand). You can place orders in advance T: 07753 256929. You can track the location of the local van #3: <u>Click to track</u>. Delivery to your door (ish). Contactless payment. <u>howeandcofishandchips.co.uk /</u>

Pizza Pronto, based in Bodicote and delivers to Deddington. Menu and ordering online *pizzapronto.online/*

Just Eat locally: just-eat.co.uk/area/ox15-banbury

Garden Centres

All have restricted numbers allowed on site at any one time – be prepared to queue!

Cotefield open 9-4 daily (Sun 10-4). T: 01295 275222. Card only. W: <u>cotefieldnurseries.co.uk</u>

Bunkers Hill has deliveries and click & collect. T: 331492 Personal shoppers must book a time slot in advance at <u>bunkershillgardenshop.co.uk</u>.

Nicholsons details at nicholsonsgb.com T: 340342

Foodbanks

Banbury Food Bank – E: <u>info@banbury.foodbank.org.uk</u> or T: 01295 661304 Bicester Food Bank – E: <u>info@bicester.foodbank.org.uk</u> or T: 01869 321806

Other help services

Childline: 0800 1111 Samaritans: 116 123 Domestic Abuse Hotline: 0808 2000 247 The Survivors Trust: 0808 801 0181 Oxfordshire Mind: 01865 247788 24/7 Mental Health helpline – adults: 01865 904997 24/7 Mental Health helpline – children: 01865 904998 Age UK: 0800 169 6565

Food Bank

The Food Bank donations trolley is situated in the porch of Deddington Church so that we can continue to support the work of the Banbury Food Bank. Please leave donations of non-perishable food (tins, packets etc) within their use by date, but not fresh food, fruit or vegetables. Thank you.

Deddington COVID-19 Response

Quarantining or self isolating? There is support for you! Need some help or know someone who does?

Deddington Community Volunteers have got you covered. Need supplies or prescriptions, dog walking or just some advice and someone to talk to –

