## <u>Deddington and Parish Covid-19 Response Team</u> *Newsletter #05– 24th April 2020*

### Deddington, Hempton and Clifton – Together, Apart!

See map below for your zone and the contact details of your zone captain

Please contact your zone captain if you need any help

#### Who are we?

We are the Deddington and Parish Covid-19 response team – a group of local volunteers.

We are organised into zones covering Deddington plus a team in each of Clifton and Hempton. Zones are shown on the map below.

#### Please call us if you need help or information.

This might be to collect shopping or prescriptions, or just for information.

If you are unable to leave home and need shopping from the supermarket, please call your zone captain, we are here to help you! It's that simple.

There are well over a hundred volunteers throughout the parish supporting the zone captains and parish council – many thanks to all.

#### Healthcare - Note: DHC DETAILS HAVE CHANGED

**Delmergate:** All prescriptions for the over 60s are being delivered automatically and all those on the Government 'Shielding' list. If you are not in these groups, but need assistance getting your prescriptions, please notify your zone captain.

Opening hours: 9-1, 3-6:30, Mon-Fri, Tel 337583

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**Deddington Health Centre**: Tel 338611. For repeat prescriptions call 338847 (10-3, Mon-Fri) and please leave a message as paper copies are no longer accepted.

Anyone on the previous DHC delivery system will continue to get deliveries, anyone on the government shielding list who does not have family, friends or volunteer to collect for them can contact the Dispensary on 338862 and delivery will be arranged.

Patients in Hempton or Clifton who ordinarily collect, but now need a prescription delivery, please notify your Zone Captain. Delivery day is Friday.

**Dentists:** no appointments at present; in an emergency ring your usual practice for advice.

### POLITE NOTICE

We have been asked to ask people who are queuing for the CO-OP **not to** sit/lean on window sills, doors and cars of the houses close to the CO-OP.

Fighting Covid-19 as a community

#### **Food Shopping**

**Co-op:** Open 7am-9pm (8-8 on Sunday). VIP Hour 9.30-10.30. Telephone orders can be taken, card payment over the telephone. Zone captains can arrange delivery for those isolating. Tel: 336281

**Eagles:** Telephone orders taken, payments over the phone. Tel: 338500.

**Foodies:** Fresh bread, local farm eggs, pasta, rice, flour; also take away hot drinks & deli sandwiches. 10-3 daily. Tel: 337470

**Sainsbury's:** Open to NHS & Social Care staff on Mon-Sat at 7:30 (30 mins before public opening). Priority shopping from 8:00-9:00 Mon, Wed & Fri.

**Morrisons**: Will deliver for elderly, vulnerable and self-isolating people ONLY. 0345 611 6111 option 5.

**Fenemore Farms Micro Farm Shop**, in Clifton, is open daily (8-5:30) for frozen lamb, honey, eggs, milk plus pasta, various flours (including GF) and yeast. Also bedding plants from UGM nursery. Cash or cheque only. Tel: 07917 795207. **Stop Press:** Fresh lamb available this Saturday & Sunday 10 - 1.

**Deddington Farmers Market:** Whilst the Market sadly cannot go ahead at this time, many of the stall holders are providing delivery services. See <a href="https://www.deddingtonfarmersmarket.co.uk">www.deddingtonfarmersmarket.co.uk</a> for details.

**Rob Hill, the fish man from Grimsby**, is back opposite the Co-op every Thursday from 1.45-2.30. Cash only. Ideally place orders in advance at *robhill74@me.com*.

Spread the Word – not the Virus. Fighting Covid -19 as a community. Use 999/111 for emergencies

#### **Communications**

Newsletter – this newsletter is produced approximately weekly to keep you up to date and will be delivered (by helpers with gloves) to every house. If you are happy to get the information via Facebook or Deddington online instead (saving paper!) please put the logo on the right in a window near your letterbox.



**Deddington on line** – look on our local information website *deddington.org.uk* for more information

**Facebook** (search "Deddington Response") for up-to-date information, this weekly newsletter and links to lots of useful sites. For general local news and comments see *Deddington Community Notice Board* 

#### **Shops**

**Cotefield Nurseries**: Tel 01295 265422/275222. Collection or delivery only. Telephone your order with card payment. Lines open Monday-Friday.

**The Flower Shop** can now deliver locally, order by 3pm Tues. amanda@theflowershopdeddington.com

Cyclogical is open 9:30-4 for all things bicycle!

#### Pets

**Crofts**: A pet food delivery service by our volunteers is collected weekly from Crofts, Banbury. Phone them with your order on 01295 250131, you can pay over the phone and leave your address and it will be delivered the following Friday. Any concerns phone Bea (337717).

**Vets** are generally running an emergency service only; ring your usual vet if needed.

#### Dog walkers-please help!

There has been a noticeable increase in the amount of dog mess around the village - especially at the Windmill Centre end. PLEASE clear up after your dog — if you are unable to purchase dog poo bags, then your zone captain has a small supply.

#### **Bonfires**

Current guidance is that we should **not** light bonfires while the pandemic continues. Smoke can pose a risk to people's health, so avoiding fires will reduce the chance of people having their airways affected and avoid further burden on the NHS.

#### **Food Bank**

The Food Bank donations trolley is the porch of Deddington Church so that we can continue to support the work of the Banbury Food Bank. Please be generous if you can and leave donations of food which is not perishable, that is, tins, packets etc within their use by date, and not fresh food, fruit or vegetables. Many thanks, Rev Annie

#### **Eating**

**Bengal Spice**: High Street: Indian takeaway. - Tel 337733/337799. Open every day except Tuesdays. Open 5.30pm - Last Orders 9.30pm.

#### **Deddington Musicians**

This new on-line mini performance platform is for local musicians of any age or genre. Go onto Facebook and search for Deddington Musicians for more information.

#### **Blandford Fly**

Please be aware that the annual nuisance of the Blandford Fly has apparently arrived! Make sure you cover up if you are taking exercise in affected areas.

#### **Useful National Phone Numbers**

Childline: 0800 1111 Samaritans: 116 123

Domestic Violence Hotline: 0808 2000 247

The Survivors Trust: 0808 801 0181

Mind: 0300 123 3393 Age UK: 0800 169 6565

### STAY HOME - PROTECT THE NHS - SAVE LIVES

Please respect the government and NHS guidelines:

STAY AT HOME except to buy food, go to work or take exercise once a day, locally Above all, use SOCIAL DISTANCING – that's the only way we will beat this virus

# **Deddington COVID-19 Response**

Quarantining or self isolating? There is support for you! Need some help or know someone who does?

Deddington Community Volunteers have got you covered. Need supplies or prescriptions, dog walking or just some advice and someone to talk to – then call your Zone Captain.



