

INFLUENZA'S LEGACY.

How to Dispel it.

Influenza, which in itself is a distressing malady, more often than not leaves in its wake a train of bodily and nervous weaknesses which render life hardly worth living to the sufferer. After the recent epidemics of this disease there must be an incalculable number of people who are striving to do their daily work fighting all the time against this weakness of body, blood, and nerves, the dread legacy of influenza. These people would value health and vigour as they never did before, and it was for their benefit that Miss Gladys Knight, 115, St. Leonard's Road, Far Cotton, Northampton, gladly related the story of her restoration to health.

Miss Knight, who is in her 21st year, is employed in one of Northampton's big drapery houses.

"I fell ill with influenza in September of last year," she said, "and had a very severe attack. I was away from business for seven weeks, and shortly after I went back I had a relapse, and was very ill again. The pains in my head were terrible; I had completely lost my appetite, and from being plump I became thin and wasted. Every vestige of colour left my cheeks, and I was exceedingly nervous and depressed. I worried, too, about my hair, which came off in handfuls until the front of my head was bald.

"Everyone was very anxious about me, and I began to be frightened myself. The doctor said I was suffering from anemia and nervous debility, but though I tried various remedies I did not get any better, and I was unable to go to work, or to do anything at all for months.

"Then someone recommended Dr. Williams' pink pills, and almost in desperation I gave them a trial. With the first box my appetite returned, and my head ceased to ache and throb. I began to sleep well again after many months of bad nights, and it was the greatest joy to feel my strength coming back to me. And then, to my great satisfaction, my hair began to grow again. [Miss Knight has now a crop of dark curls all over the front of her head.]

"After three or four boxes I was well again and fit to return to business, though I continued taking the pills. I alone know what I owe to Dr. Williams' pink pills. I mean to recommend them to my friends. Already several of the girls I work with are benefiting from them."

Now is the time to begin Dr. Williams' pink pills. Get a supply from any dealer; say you must have Dr. Williams'.

FREE.—A free book of health will be sent to any reader who sends a postcard to Book Dept., 36, Fitzroy Square, London, W. 1.