# <u>Deddington and Parish Covid-19 Response Team</u> <u>Newsletter #04–17th April 2020</u>

# Deddington, Hempton and Clifton – Together, Apart!

See map below for your zone and the contact details of your zone captain

Please contact your zone captain if you need any help

# Who are we?

We are the Deddington and Parish Covid-19 response team – a group of local volunteers.

We are organised into zones covering Deddington plus a team in each of Clifton and Hempton. Zones are shown on map below.

# Please call us if you need help or information.

This might be to collect shopping or prescriptions, or just for information. We are also organising pick-ups of pet supplies from Crofts and garden supplies from Cotefield. (see over for details)

There are well over a hundred volunteers throughout the parish supporting the zone captains and parish council – many thanks to all.

### **Useful National Phone Numbers**

Childline: 0800 1111 Samaritans: 116 123

Domestic Violence Hotline: 0808 2000 247

The Survivors Trust: 0808 801 0181

Mind: 0300 123 3393 Age UK: 0800 169 6565

**Communications** 

**Deddington on line** – look on our local information website *deddington.org.uk* for more information

**Facebook** (search "Deddington Response") for up-to-date information and links to lots of useful sites. For general local news and comments see **Deddington Community Notice Board** 

**Newsletter** – this newsletter will be produced approximately weekly to keep you up to date with the latest news and restrictions and will be delivered (by helpers with gloves) to every house in the parish.

The Government have just extended the lockdown for a further three weeks.

Most people in the villages have been brilliant in staying at home and keeping social distancing – but a few haven't.

Can we ask everyone to continue to help protect the NHS and save lives by keeping their distance?

Thank you!

#### **Food Bank**

Dear Friends,

Even though the lock down is affecting all of us, we are still able, in our little corner of the world, to get food supplies easily. There are people though who are only able to get their food from local Food Banks, and these are getting more in demand. In order to help, I have brought the Food Bank donations trolley into the porch of Deddington Church so that we can continue to support the work of the Banbury Food Bank. Please be generous if you can and leave donations of food which is not perishable, that is, tins, packets etc within their use by date, and not fresh food, fruit or vegetables.

Many thanks, Rev Annie

## **Deddington Musicians**

This new on-line mini performance platform is for local musicians of any age or genre. Go onto Facebook and search for Deddington Musicians for more information.

# **Blandford Fly**

Please be aware that the annual nuisance of the Blandford Fly has apparently arrived! Make sure you cover up if you are taking exercise in affected areas.

Spread the Word – not the Virus. Fighting Covid -19 as a community. Use 999/111 for emergencies

# **INFORMATION ON LOCAL SERVICES**

### Shopping

**Co-op:** Open 7am-8pm (8-8 on Sunday). VIP Hour 9.30-10.30. Telephone orders can be taken, card payment over the telephone. Zone captains can arrange delivery for those isolating. Tel: 336281

**Eagles:** Telephone orders taken, payments over the phone. Tel 338500.

**Foodies:** Fresh bread, local farm eggs, pasta, rice, flour; also take away hot drinks & deli sandwiches. 10-3 daily. Tel: 337470

**Sainsbury's:** Open to NHS staff on Mon-Sat at 7:30 (half-an-hour before public opening). Priority shopping from 8:00-9:00 Mon, Wed & Fri.

**Morrisons**: Will deliver for elderly, vulnerable and self-isolating people ONLY. Payment by card. 0345 611 6111 option 5.

If you are unable to leave home and need shopping from the supermarket, please call your zone captain, we are here to help you! It's that simple.

**Fenemore Farms Micro Farm Shop**, in Clifton, is open daily (8-5:30) for frozen lamb, honey, eggs, milk plus pasta, various flours (including GF) and yeast. Also plants from UGM nursery. Cash or cheque only. Tel: 07917 795207.

**Deddington Farmers Market:** Whilst the Market sadly cannot go ahead at this time, many of the stall holders are providing delivery services. Please see their Facebook page, the market website www.deddingtonfarmersmarket.co.uk, or contact your zone captain for details.

Cotefield Nurseries: Tel 01295 265422/275222 for telephone orders and to arrange a collection slot. Harriet Palin (338850) is co-ordinating a weekly delivery for those isolating; please call her for details. Bedding plants now coming into stock.

**Cana Wine merchants** (canaimport.co.uk) take web orders and delivery is free to Deddington for more than two cases.

Cyclogical is open 9:30-4 for all things bicycle!

## **Health and Dispensary**

**Delmergate Dispensary**: Tel 337583. (9-1, 3-6:30, Mon-Fri). Any patients over 60 and anyone on the Government 'Shielding' list will automatically have their prescription delivered to their home.

If you need assistance getting prescriptions to you, please contact your zone captain.

**Deddington Health Centre**: Tel 338611. For repeat prescriptions call 338847 (10-3, Mon-Fri) and leave a message. (Paper copies no longer accepted.)

If you need assistance getting prescriptions to you, contact your zone captain.

Anyone over 60 or on the Government 'Shielding' list will have prescriptions delivered to the door. Anyone already on the delivery system, this will continue as normal.

Patients in Hempton or Clifton who need a prescription delivered to their home, please notify your Zone Captain. Delivery day is Friday.

**Dentist:** emergency appointments only at most local dentists, ring your usual practice if needed.

#### **Pets**

**Crofts**: Bea Maloney (337717) organises a weekly delivery; please call her for details of ordering.

**Vets** are generally running an emergency service only; ring your usual vet if needed.

Animal vaccinations: Hook Norton Veterinary Group are offering vaccination appointments on specific days. The next dates for these clinics are the 21st and 22nd of April. To book a vaccination appointment on one of these days please use the online booking request form so the telephone is kept free for emergencies. One of the team will then call you to book the appointment. If you do not have access to the internet then please phone.

**Dog Poo Bags**: if you can't get any, then your zone captain should be able to help.

#### **Eating**

**Bengal Spice**: High Street: Indian takeaway. - Tel 337733/337799. Open every day except Tuesdays. Open 5.30pm - Last Orders 9.30pm.

# STAY HOME - PROTECT THE NHS - SAVE LIVES

Please respect the government and NHS guidelines:

STAY AT HOME except to buy food, go to work or take exercise once a day, locally Above all, use SOCIAL DISTANCING – that's the only way we will beat this virus

# **Deddington COVID-19 Response**

Quarantining or self isolating? There is support for you! Need some help or know someone who does?

Deddington Community Volunteers have got you covered. Need supplies or prescriptions, dog walking or just some advice and someone to talk to – then call your Zone Captain.



